

LAW ENFORCEMENT MENTAL HEALTH RESOURCE GUIDE

The demands of law enforcement can be overwhelming at times. This resource guide connects deputies and their families with confidential mental health support, including 24/7 crisis lines, peer support, and ongoing care options.

IMMEDIATE AND 24/7 CRISIS SUPPORT

COPLINE: 1-800-267-5463 (800-COPLINE)

24/7 confidential peer support line answered by retired law enforcement deputies who understand the unique stresses deputies face, available for active and retired deputies and families.

FRONTLINE HELPLINE: 1-866-676-7500

24/7 support line specifically for first responders.

NATIONAL SUICIDE AND CRISIS LIFELINE: CALL OR TEXT 988

24/7 confidential support line for emotional distress and crisis.

CRISIS TEXT LINE: TEXT "BADGE" TO 741741

24/7 confidential text-based support.

PEER SUPPORT AND ONGOING HELP

BLUELINE RESCUE

Connects law enforcement officers and their families with peer support and mental health resources to build resilience and recover from trauma. Visit bluelinerescue.org for more information.

SURVIVE FIRST

Provides confidential peer support, education, and access to mental health care to prevent first responder suicide and reduce stigma. Visit survivefirst.us for more information.

FIRST RESPONDER PROJECT

Offers emotional support, resiliency training, and therapeutic retreats for first responders and their families to manage job-related stress. Visit firstresponderproject.org for more information.

AFTER ACTION

Delivers specialized, trauma-informed mental health treatment and peer support tailored to first responders' unique needs. Visit afteraction.care for more information.

Call 911 if you or someone you know is in immediate danger.

Find more tips at flsheriffs.org.