



FSA – Keeping You Safe

How to Protect Yourself When Walking Alone

Walking alone on the street can be a dangerous thing to do, especially in an unfamiliar neighborhood. It is extremely important for you to be vigilant about staying safe until you arrive at home. There are several precautions you can take to avoid putting yourself in a dangerous situation when walking. These include walking with a friend, staying alert (avoid using headphones), and not approaching unfamiliar vehicles. We also encourage you to follow these tips from the [Office of Attorney General Ashley Moody](#)¹:

- Avoid dark, vacant or deserted areas; use well-lit, well-traveled routes.
- Dress in clothes and shoes which will not hamper movement.
- If you sense you are in trouble:
 - Move away from the potential threat if possible.
 - Join any group of people nearby; cross the street and increase your pace.
- If a threatening situation is imminent, and people are close by to help, yell, scream or make a commotion in any way you can to get their attention.
 - Go to an open business.
 - Call 9-1-1 from a safe location.

For more tips please visit the Florida Sheriffs Association's Crime Prevention Tips: flsheriffs.org/crime-prevention

¹ <http://myfloridalegal.com/pages.nsf/Main/a78282584e7d035185256cc7006a44b1>